

Ichabod Crane High School Guidance and Counseling Office

Ichabod Crane Central School
High School Guidance Office
2910 Route 9
Valatie, New York 12184-0137

Phone: 518-758-7607
Fax: 518-758-8269
E-mail found at:
www.ichabodcrane.org/icHSContact.html

We're on the Web!
[www.ichabodcrane.org/
icGuidanceDept.html](http://www.ichabodcrane.org/icGuidanceDept.html)

*A public school dedicated to:
Learning, Teaching, Growing—Together*

Non-Discrimination
Compliance Statement
The Ichabod Crane Central School District hereby advises students, parents, employees, and the general public that it offers educational opportunities including vocational opportunities without regard to sex, race, color, national origin, handicap or religion. Inquiries regarding this non-discrimination policy may be directed to: Title IX Compliance Officer, Shannon Shine, Assistant Principal, Ichabod Crane Middle School, Valatie, NY 12184 (518) 758-7676 and Section 504 Compliance Officer, Robert McCloskey, Director of Special Education, Ichabod Crane Central School District, Valatie, NY 12184 (518) 758-7676. A copy of the "In Compliance with Section 1.4 (a)" is available in the Superintendent's Office.

Counselor Assignments:

Ms. Melissa Donohue
mdonohue@ichabodcrane.org

Responsible for students with the last names beginning with:

A - G Grade 9
A - G Grade 10
A - G Grade 11
A - F Grade 12

Ms. Amanda DeAloe
adealoe@ichabodcrane.org

Responsible for students with the last names beginning with:

H - O Grade 9
H - P Grade 10
H - O Grade 11
G - P Grade 12

Ms. Michele Evans (Mannato)
mevans@ichabodcrane.org

Responsible for students with the last names beginning with:

P - Z Grade 9
Q - Z Grade 10
P - Z Grade 11
Q - Z Grade 12

IMPORTANT DATES

Program Planning:

- Juniors begin on Monday, 2/9/11
- Sophomores begin on Monday, 3/9/11
- Freshmen begin on Monday, 3/30/11

February Break

- Monday, 2/21/11 to Friday, 2/25/11

College Awareness Night
@ Chatham High School
50 Woodbridge Ave.
Chatham, NY 12037

- Wednesday, 2/16/11 from 6:30–8:30
- Snow Date: Thursday, 2/17/11 same time

Questar and CTE Visit

- Thursday, 3/3/11 (during the school day)



Any Questions? Please call the Guidance and Counseling Office at (518) 758-7607.

Evening Course Selection

- Thursday, 3/3/11
- Thursday, 3/10/11

*These dates scheduled by appointment only (4:00–7:00).

HVCC College Fair

- Wednesday, 5/5/11 from 9–11:30 am

*Students will be bussed

AP Exams

- Begin Monday, 5/2/11
- End Friday, 5/13/11

*Complete schedule is available on the web. Sign ups for AP Exams will take place in the Guidance and Counseling Office. The deadline to sign up for your exam is 3/16/11. The cost for each exam is \$79. Checks can be made payable to Ichabod Crane Central School. Please see your counselor for more information.

April Break

- Monday, 4/18/11 to Friday 4/22/11

Ichabod Crane High School

Volume 1, Issue 1

February 8, 2011

THE COUNSELING CONNECTION

THIS PUBLICATION CAN ALSO BE FOUND ONLINE AT [HTTP://WWW.ICHABODCRANE.ORG/FACULTY/MDONOHUE/WWW/NEWSLETTERS.HTML](http://www.ichabodcrane.org/faculty/mdonohue/www/newsletters.html)

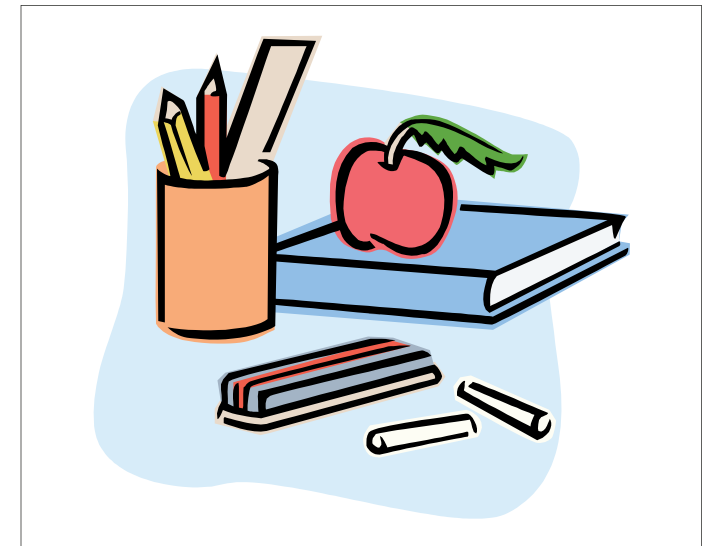
PROGRAM PLANNING & COURSE SELECTION

Greetings from the Ichabod Crane High School Guidance and Counseling Office! It's time to begin thinking about your child's course selection for the 2011-2012 school year. Please be aware of the following items as your child goes through the course selection process:

Special points of Interest:

- **Seniors...** remember to request your mid-year transcripts to be sent to the colleges you have applied.
- **Seniors...** check upcoming scholarships by looking in the Scholarship Newsletter or in the Scholarship Filing Cabinet located in the Guidance and Counseling Office.
- **Juniors...** Course Selection begins for you on 2/9/11.
- **Sophomores...** the Questar/CTE field trip will be held on Thursday, 3/3/11. Make sure to get in your permission slip.
- **Freshman...** keep in mind that you need 5 credits to move to 10th grade. Work hard and focus!

- Program Planning Guides for 2011-2012 are now available as a PDF on the Guidance and Counseling website at <http://www.ichabodcrane.org/icHSGuid.html> and hard copies of the Program Planning Guide will be available in the Guidance and Counseling Office. This is an informational guide to use in planning your child's four-year academic program.
- Due to the inclement weather our Program Planning Days in the high school have been rescheduled to February 7th and February 8th (Monday and Tuesday). Your student's teachers will



be providing information about available courses in their departments during class time. At the end of the day on February 8th, students will hand in their course selection sheets to the teacher of their last class. These sheets will be given to your student's

School Guidance Counselor so that we may begin the process for course selection.

- Course selection for your child's grade will be held in February, March and April. *If you wish to join your child during the course selection meeting, please call the*

office as soon as possible. We encourage you to do so!

- School Guidance Counselors will be available on two evenings in March, should you be unable to attend a course selection meeting during the academic day.

Please call Ms. Demers in the Guidance and Counseling Office at 758-7607 to reserve a time. Evening appointments are held on the following dates from 4:00 – 7:00pm: **Thursday, March 3rd** and **Thursday, March 10th**.

- Please be sure to contact the Guidance and Counseling Office if you have any questions regarding the course selection process. We look forward to seeing you in the coming weeks as we begin to prepare for the 2011-2012 school year.

FIRST SEMESTER HIGHLIGHTS

It is hard to believe that we have already completed half of the school year. Most of you are probably hoping for spring and then of course summer. As we move forward it would be important to highlight some of the services and programs

that have been put in place for our ICC students during the first semester.

• **Open House**

Parents followed their child's schedule and met with ICCHS teachers and staff. This opportunity allowed parents to hear about what classes would look like and what to expect. Also, support staff were available in the library throughout the evening.

• **Senior Meetings**

Late September into October, counselors met with every senior to discuss post-secondary plans.

• **HVCC and CGCC Instant Admission Days... FREE!**

College Admission Counselors came to ICCHS and interviewed seniors interested in attending their institution. Seniors were required to fill out an application prior to the appointment and both institutions waived the \$40 application fee.

• **PSAT/PLAN**

In October, standardized testing for the PSAT and PLAN was administered during the school day this year. Compared to previous years there was an increase in students who took the tests. Overall the two days were a very positive experience.



This year students took the PSAT and PLAN during the school day!

• **Mini College Fair**

On 10/19/10 over 31 colleges and universities came to ICCHS and set up informational tables for our students to peruse.

• **ASVAB**

A total of 12 students sat for this military exam on 10/20/10.

• **Financial Aid Night**

Chatham High School housed

this years Financial Aid Night on 12/1/10. Guest speaker, Mr. Earl Trethaway came and spoke to students and parents about the ins and outs of the financial aid process.

• **CTE Demonstration Days**

Career and Technical Education (CTE—formerly known as VOTEC) Demonstration Days were held on December 1st and 2nd and took place dur-

ing Social Studies classes. Students attended a session in the library to hear Mrs. Lynn Seftner speak about the programs offered through the CTE Center as well as the requirements to be accepted.

• **VESID Presentation**

VESID (Vocational Educational Services for Individuals with Disabilities) is changing their name to ACCESS (Adult

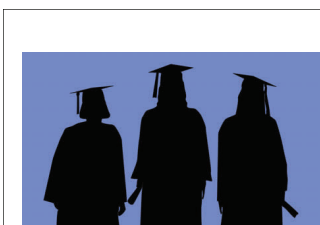
Career and Continuing Education Services for Students)... Try to say that three times fast! On 1/11/11, parents and students were invited to listen to Mrs. Kyle C. Ferris, a representative from ACCESS speak about how students with disabilities can apply to receive services for continuing their education after high school. This program has even helped students pay for college expenses!

• **Grade 8 Orientation**

Current students from the 8th

grade were invited with their parents and/or guardian to come to the high school on an evening in January to hear about courses offered. They met with Department Chairs in the classrooms and also signed up for course selection in the library.

• **Career Day**



"Tell me and I'll forget; show me and I may remember; involve me and I'll understand." -Chinese proverb

Despite the snow, ICCHS sophomores took a field trip to CGCC to hear professionals speak about their career and opportunities available to them. This trip was beneficial for career exploration and to get familiar with a college campus!

The Ichabod Crane Guidance and Counseling Department is committed to fostering the growth of our students in the following areas: Academic, Career, Communication, and Social/Emotional. As counselors, we strive to guide and support all students to help them reach their full potential academically and socially; to become well-rounded, responsible members of society.

PROJECT LINUS

Joint community service projects have been part of the Ichabod Crane High School senior and freshman seminar programs for the past three years. Projects are chosen based on encouraging teamwork, developing and enhancing informal mentoring and helping students experience the importance and joy of giving.

Keeping this in mind, the freshman facilitator, Mrs. Penny Barlow, and the senior seminar facilitator, Mrs. Jean Barford, with the assistance of the school counselors, applied for and received a gen-

erous grant from the Berkshire Taconic Community Foundation Kinderhook Central School District Education Foundation Arts and Humanities Fund to make blankets for Project Linus. The Albany/Rensselaer County, NY Project Linus Chapter provides new, handmade blankets to critically ill, traumatized or children in need. Since its inception in April 2007, they have distributed over 4,200 new, handmade blankets to comfort children in local hospitals, shelters, and social service agencies. Named for the Peanuts comic strip character "Linus", the blankets help provide security and

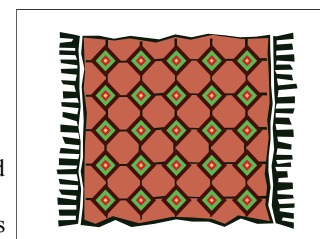
comfort to young people under the age of 18. Ms. JoAnne Marcario, Albany area Project Linus Coordinator, and several of her "blanketeers," Mr. John Mero, Ms. Linda Jones, Ms. Gloria Donovan and Ms. Sharon Breisch, spent several days at the school instructing the students. With approximately 300 students, the seminars completed over 130 blankets. The blankets required no sewing, just cutting and knotting. This method enabled all students to be able to participate, no matter what the skill level.



The blankets will be distributed to various institutions in the capital region such as the Parsons Center, the LaSalle School in Albany, Schuyler Shelter in downtown Albany, the Ronald McDonald House and capital region hospitals to name a few.

All scraps were utilized. The square corner scraps will be given to Project Linus volunteers to make patchwork blankets and the fabric strips that were cut off to square- up the blankets were braided for pet toys which will be donated to the Columbia Greene Humane Society. Thank you to the Berkshire Taconic Community Foundation Kinderhook Central School District Education

Foundation Arts and Humanities Fund for supporting this project with their grant. We would like to thank all of the volunteers who helped make our project successful, especially Ms. Wendy Kolb and the rest of the staff at Jo-Ann



Over 130 Blankets were made by freshman and seniors for Project Linus.

Fabrics & Crafts in Albany and Mrs. Barb Mayer, a recent retiree from Ichabod Crane. Thank you to the Ichabod Crane School district for their support of this project and Mr. John Phillips, school board member and committee liaison.

"Project Linus— Providing Security through Blankets"

A special thank you to Mrs. Jean Barford and Mrs. Penny Barlow for putting their time and effort into a worthy cause. Your dedication to the Service Project and the Seminar Programs do not go unnoticed. Thank you for your continued support!