

**ALA CARTE'**      **\$3.00**  
**MILK**              **\$2.50**  
**ICE CREAM**      **\$0.50**  
                             **\$0.60**

**ICHABOD CRANE  
HOME OF THE RIDERS  
LUNCH MENU FOR MAY 2019  
HIGH SCHOOL**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
		<p><b>May 1</b>  Hot dog or Corn dog  Mac &amp; Cheese  Baked beans</p> <p>chilled &amp; fresh fruit  assorted skim &amp; 1% milk</p>	<p><b>May 2</b>  Meatball Sub  Potato chips  cole slaw</p> <p>chilled &amp; fresh fruit  assorted skim &amp; 1 % milk</p>	<p><b>May 3</b>  Italian Pizza  tossed salad</p> <p>chilled &amp; fresh fruit  assorted Skim &amp; 1 % Milk</p>
<p><b>May 6</b>  Chicken tenders  plain or buffalo  smiley fries</p> <p>chilled &amp; fresh fruit  assorted Skim &amp; 1 % Milk</p>	<p><b>May 7</b>  Enchilada Casserole  Mexican Rice  Corn</p> <p>chilled and fresh fruit  assorted Skim &amp; 1 % Milk</p>	<p><b>Sub Day  May 8</b>  Ham or Turkey w/Cheese  lettuce &amp; tomato  potato chips  pasta salad</p> <p>chilled and fresh fruit  Assorted Skim or 1% Milk</p>	<p><b>May 9</b>  Brunch for Lunch  French Toast Sticks  sausage links  cheese omelet</p> <p>chilled &amp; fresh fruit  assorted Skim &amp; 1 % Milk</p>	<p><b>May 10</b>  Italian Pizza  tossed salad</p> <p>chilled &amp; fresh fruit  assorted Skim &amp; 1 % Milk</p>
<p><b>May 13</b>  Chicken Nuggets  rice  glazed carrots</p> <p>chilled and fresh fruit  assorted Skim &amp; 1 % Milk</p>	<p><b>Taco Tuesday  May 14</b>  Beef or Chicken  tortilla chips or wraps  refried beans  salsa &amp; corn</p> <p>chilled and fresh fruit  assorted Skim &amp; 1 % Milk</p>	<p><b>May 15</b>  Crispy Caesar  Chicken wrap  Potato chips</p> <p>chilled &amp; fresh fruit  assorted Skim &amp; 1 % Milk</p>	<p><b>May 16</b>  Chicken Broccoli  Alfredo w/ Penne  Dinner roll</p> <p>chilled &amp; fresh fruit  assorted skim &amp; 1 % milk</p>	<p><b>May 17</b>  Italian Pizza  tossed salad</p> <p>chilled &amp; fresh fruit  assorted skim &amp; 1% milk</p>
<p><b>May 20</b>  Chicken Patty on Bun  tater tots  lettuce &amp; tomato</p> <p>chilled &amp; fresh fruit  assorted skim &amp; 1% milk</p>	<p><b>May 21</b>  General Tso Chicken  fried rice  vegetable egg roll</p> <p>chilled &amp; fresh fruit  assorted skim &amp; 1 % milk</p>	<p><b>May 22</b>  Italian Pizza  tossed salad</p> <p>chilled &amp; fresh fruit  assorted skim &amp; 1 % milk</p>	<p><b>May 23</b>   NO SCHOOL</p>	<p><b>May 24</b>   NO SCHOOL</p>
<p><b>May 27</b>   MEMORIAL  DAY</p>	<p><b>Taco Tuesday  May 28</b>  Chicken Queso Pizza  salsa, sour cream  guacamole  corn</p> <p>chilled &amp; fresh fruit  assorted skim &amp; 1% milk</p>	<p><b>May 29</b>  Pasta &amp; Meat Sauce  green beans  garlic bread</p> <p>chilled &amp; fresh fruit  assorted skim &amp; 1% milk</p>	<p><b>May 30</b>  Hamburger or Ch. burger  Macaroni Salad  lettuce &amp; tomato</p> <p>chilled &amp; fresh fruit  assorted skim &amp; 1 % milk</p>	<p><b>May 31</b>  Italian Pizza  tossed salad</p> <p>chilled &amp; fresh fruit  assorted skim &amp; 1 % milk</p>

Find our Menus at  
[www.ichabodcrane.org](http://www.ichabodcrane.org)

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER  
AND EMPLOYER**