

STUDENT LUNCH

Grades K-5 \$2.50

Grades 6-12 \$3.00

ALA CARTE' \$2.25

MILK

**ICHABOD CRANE
HOME OF THE RIDERS
LUNCH MENU FOR MAY 2019
MIDDLE SCHOOL
4th -8th grades**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		DELI DAY May 1 Ham or Turkey w/Cheese Lettuce, tomato Potato Chips Tomato/Cucumber Salad Chilled & Fresh Fruit Assorted Skim or 1% Milk	May 2 Hamburger or CH Burger on a Bun French Fries Vegetarian Beans Chilled & Fresh Fruit Assorted skim or 1% Milk	May 3 Italian Cheese Pizza California Blend chilled & fresh fruit assorted skim or 1% milk
May 6 Chicken Patty on a Bun Tater Tots chilled & fresh fruit assorted skim or 1% milk	TACO DAY May 7 Spicy Beef, Tortilla Chips Refried Beans Corn, Salsa Lettuce, Tomato & Cheese chilled & fresh fruit assorted skim or 1% milk	May 8 Mozzarella Sticks Marinara Sauce Caesar Salad chilled & fresh fruit assorted skim or 1% milk	May 9 Fish Sticks Smiley Fries Fresh Baby Carrots chilled & fresh fruit assorted skim or 1% milk	May 10 Italian Cheese Pizza Broccoli chilled & fresh fruit assorted skim or 1% milk
May 13 General Tso Chicken Brown Rice Broccoli chilled and fresh fruit assorted skim or 1% milk	May 14 Chicken Queso Pizza or Burrito corn, salsa chilled and fresh fruit assorted skim or 1% milk	May 15 Grilled Cheese Tomato or Chicken Noodle Soup 3 Bean Salad Chilled and Fresh Fruit assorted skim or 1% milk	May 16 Meatball Subs Potato Chips Fresh baby Carrots Chilled and Fresh Fruit Assorted skim or 1% Milk	May 17 Italian Cheese Pizza Green Beans Chilled & Fresh Fruit Assorted skim or 1% Milk
May 20 Chicken Tenders Plain or Buffalo French Fries Carrots & Celery Chilled & Fresh Fruit Assorted Skim or 1% milk	May 21 Hot Dog or Corn Dog Macaroni & Cheese Vegetarian Beans Chilled & Fresh Fruit Assorted skim or 1% Milk	May 22 Headless Horseman Pizza Green Beans Chilled & Fresh Fruit Assorted skim or 1% Milk	May 23 NO SCHOOL	May 24 NO SCHOOL
May 27 MEMORIAL DAY	May 28 Chicken Nuggets Brown Rice Glazed Carrots chilled and fresh fruit Assorted Skim or 1% Milk	BRUNCH FOR LUNCH		May 31 Italian Cheese Pizza Broccoli Chilled and Fresh Fruit Assorted skim or 1% Milk
		May 29 French Toast Sticks Sausage or egg Patty Syrup Fresh Baby Carrots chilled and fresh fruit Assorted Skim or 1% Milk	May 30 Crispy Chicken Caesar Wrap Potato Chips chilled and fresh fruit Assorted skim or 1% Milk	

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