

STUDENT LUNCH \$2.50
ALA CARTE' \$2.25
MILK \$0.50
ICE CREAM \$0.60

**ICHABOD CRANE
HOME OF THE RIDERS
LUNCH MENU FOR SEPTEMBER 2019
PRIMARY SCHOOL K-3**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	September 3 Chicken Nuggets brown rice green beans dinner roll chilled & fresh fruit assorted skim & 1% milk	Brunch For Lunch September 4 French Toast Sticks Sausage or Egg Patty Syrup Fresh Baby Carrots chilled & fresh fruit assorted skim or 1% Milk	Deli Day September 5 turkey or ham & cheese lettuce , tomato, chips 4 bean salad chilled & fresh fruit assorted skim & 1% milk	September 6 French Bread Pizza Steamed Broccoli chilled and fresh fruit assorted skim or 1% milk
September 9 Chicken Patty on a bun Tater tots Lettuce & Tomato chilled and fresh fruit assorted skim or 1% milk	Taco Tuesday September 10 Spicy beef, tortilla chips refried beans romaine lettuce, cheese salsa, corn chilled & fresh fruit assorted skim or 1% milk	September 11 Hot dog on a Bun baked beans oven fries chilled and fresh fruit assorted skim or 1% milk	September 12 Grilled cheese Tomato soup green beans chilled & fresh fruit assorted skim & 1% milk	September 13 Italian Pizza Steamed broccoli chilled and fresh fruit assorted skim or 1% milk
September 16 Chicken Nuggets brown rice steamed broccoli dinner roll chilled and fresh fruit assorted skim or 1% milk	September 17 Meatball Sub Potato Chips green beans chilled and fresh fruit assorted skim or 1% milk	Brunch For Lunch September 18 French Toast Sticks with syrup sausage or egg patty baby carrots chilled & fresh fruit assorted skim or 1% milk	September 19 Fish Sticks smiley fries Baby Carrots chilled & fresh fruit assorted skim & 1% milk	September 20 Headless Horseman Pizza Steamed broccoli chilled & fresh fruit assorted skim & 1% milk
September 23 Chicken Patty on a bun lettuce and tomato tater tots chilled and fresh fruit assorted skim or 1% milk	Taco Tuesday September 24 Spicy beef, tortilla chips refried beans romaine lettuce, cheese salsa, corn chilled & fresh fruit assorted skim or 1% milk	September 25 Hot Dogs baked beans oven fries chilled and fresh fruit assorted skim or 1% milk	Deli Day September 26 Deli Day turkey or ham & cheese lettuce, tomato, chips 4 bean salad chilled and fresh fruit assorted skim or 1% milk	September 27 Italian Pizza Steamed broccoli chilled and fresh fruit assorted skim or 1% milk
September 30 Chicken Nuggets brown rice green beans dinner roll chilled & fresh fruit assorted skim & 1 % milk				

Find our Menus at
www.ichabodcrane.org

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AND EMPLOYER**