



Gain support & empowerment to help yourself and your loved ones through the struggles of substance use disorder.

Facilitated by Laurie Quinn, CARC

Laurie is a family member in recovery and a NYS Certified Addiction Recovery Coach.

She is also a FOR-NY Best Practice Trainer and has trained over 150 people across the country to become recovery coaches & peer advocates.

Laurie is a co-founder of Our Wellness Collective which provides SMEs (subject matter experts), training and coaching services.

ourwellnesscollective.com



our
Wellness Collective

FAMILY MEMBER ADDICTION SUPPORT & EDUCATION GROUP



The weekly meeting is free and open to everyone!

- addiction education
- coping skills
- ways to help your loved one
- recovery resources

**Tuesdays @
6:30 pm**

SEVENTH-DAY ADVENTIST CHURCH
3266 US HIGHWAY 9
VALATIE, NY 12184

Questions? laurie@ourwellnesscollective.com