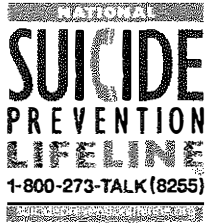




# Directory for Columbia & Greene Counties Mental Health and Suicide Prevention Resources



Free, confidential support available to anyone in suicidal crisis or emotional distress.

## Columbia County Mental Health Center

Provides residential services, intensive case management, outpatient services, mental health support for school districts, as well as a **24-hour crisis line.**

**518-828-9446**

## Mobile Crisis Assessment Team

On-site mental health assessments, referrals, wellness calls, follow-up after hospitalization. 12 – 8pm, 7 days a week

**518-943-5555**



AMERICAN FOUNDATION FOR Suicide Prevention

**AFSP – Capital Region, NY**  
**518.791.1544 / afsp.org**

Call for information about Survivor of Suicide Loss Support Groups and other survivor resources.



COLUMBIA MEMORIAL HOSPITAL

Inpatient psychiatric services for individuals experiencing crisis.

**518-828-8130**

## Mental Health Association of Columbia-Greene Counties

Promotes mental health, recovery, empowerment and public awareness.

**518-828-4619**



## National Alliance on Mental Illness

Alliance of local mutual support, advocacy, self-help groups and individual members at-large.

**518-622-9163**



**Greene County Mental Health**  
**24-hour emergency service**  
**518-943-3527**

- AIDS Council of Northeastern NY ..... 518.828.3624
- Al-Anon/Alateen Hotline..... 1.800.344.2666  
(for relatives & friends of individuals w/substance abuse disorders)
- Columbia-Greene Domestic Violence Hotline ..... 518.943.9211
- Community Hospice ..... 518-943-0776
- Eating Disorders Awareness/Prevention ..... 1.800.931.2237
- Friends of the New Leaf ..... 518.671.6023
- National Child Abuse Hotline ..... 1.800.799.7233
- National Runaway Hotline ..... 1.800.621.4000
- The Philmont Hearth ..... 518.672.7306
- Sexual Assault & Abuse Hotline ..... 1.800.656.HOPE
- Substance Abuse Hotline ..... 1.800.662.4357
- The Trevor Project (LGBTQ suicide prevention) .... 1.866.4.u.trevor
- Unplanned Pregnancy Hotline ..... 1.800.648.HELP