You’ve heard that standing 6 feet apart from people when you’re in public (called social distancing) helps prevent the coronavirus from spreading. But why exactly does it work to help keep us safe?

- When someone talks, laughs, or coughs, droplets from their mouth get released into the air.
- These droplets can contain germs including the coronavirus. If another person is standing too close, they can breathe in the droplets and get sick.

- When you stay 6 feet apart, it helps keep everyone safe, because the droplets can’t travel very far.
- Even when you are 6 feet apart, it’s important to also wear a face mask!