



ICHABOD CRANE CENTRAL SCHOOL DISTRICT

CHATHAM • GHENT • NASSAU • KINDERHOOK • STUYVESANT • SCHODACK • STOCKPORT

Mental Health and Social Emotional Well-Being

December 1, 2020

Learning, Teaching, and Growing – Together

Mental Health and Social Emotional Well-Being Subcommittee:

- Tim Farley (Co-Chair)
- Peg Warner (Co-Chair)
- Dale Tuczinski
- Amy Stephenson
- Beth Ruiz
- Craig Shull
- Erin Mitchell
- Joe Alessi
- Joan Tooher-Holsapple
- Kelly Bins
- Kasey Conklin
- Lina Baker
- Laura Sarno
- Michele Clarke-Wood



Mental Health and Social Emotional Well-Being

- Professional Development
 - Peaceful Classroom Training K-12 for Teachers and Teaching Assistants
 - Peaceful Kids-Targeted, Small Group, Counseling Groups Based on Peaceful Classroom Training
 - Trauma-informed and Trauma-skilled-Identify & Respond to Students Struggling with Trauma (Teachers, Teacher Assistants, Cafeteria workers, bus drivers/aides)
- Provide Training to Parents on Identifying Students Who May Need Social-Emotional Support
- Survey Students/Teachers/Parents to Identify Individual Needs and Develop Proper Interventions
- Utilize Data from School Closure (March-June) to Identify Potential At-Risk Students in September Based on Engagement, Social-Emotional Needs
- Maintain Updated Mental Health and Counseling Resource Page on District Website



Mental Health and Social Emotional Well-Being

- Additional Support for Staff, Students, Parents
 - Mindfulness activities school-wide each day
 - Counselors/psychologists visiting all classes in September to inform students of their role in the school and how to access them
 - Counselors/psychologists Provide Office Hours for Students and Parents
 - Increase Time of Therapy Dogs in Classrooms
 - Counselors Supporting Students-Teachers with “Mind-Up” Curriculum



Update on Initiatives

- Mindfulness and Peaceful Classroom
- Supporting students that have been identified
- Counselors' Google Classrooms and supports
- Return of Therapy Dogs

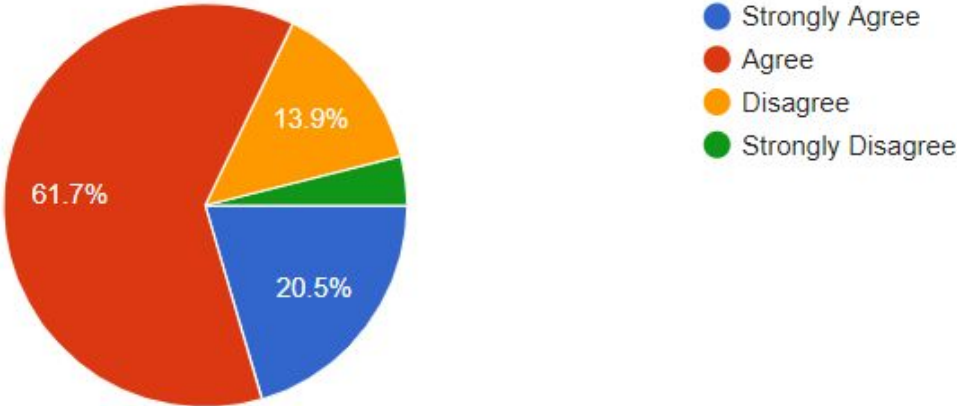


Student Survey Results

Social/Emotional Health

I have adjusted well to the demands of this school year.

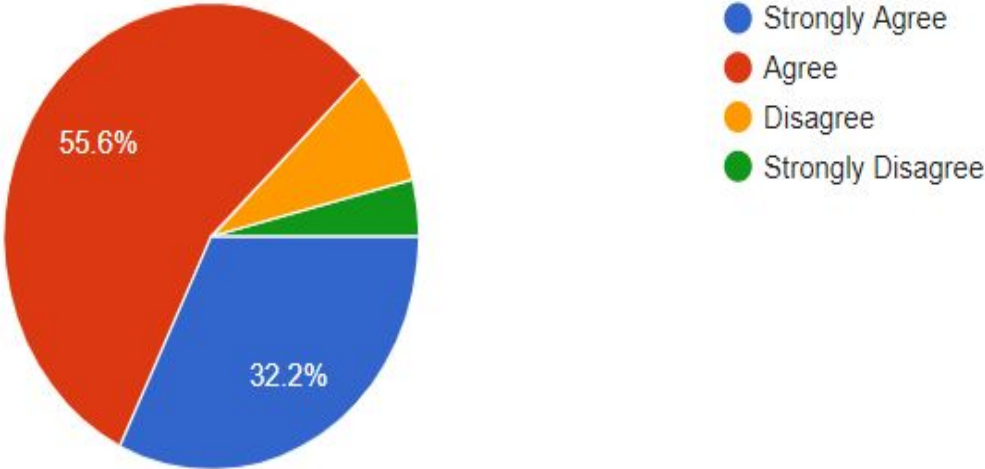
611 responses



Student Survey Results

I am happy to be at this school.

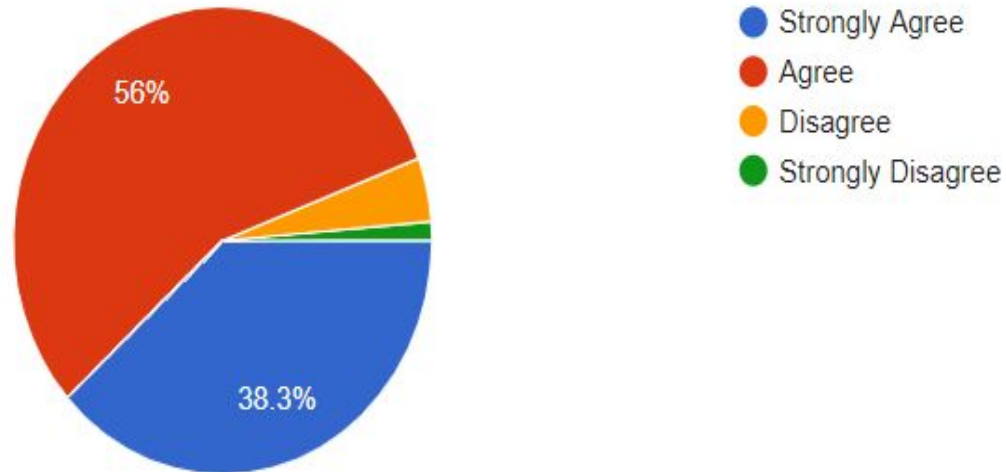
611 responses



Student Survey Results

My teachers really care about me.

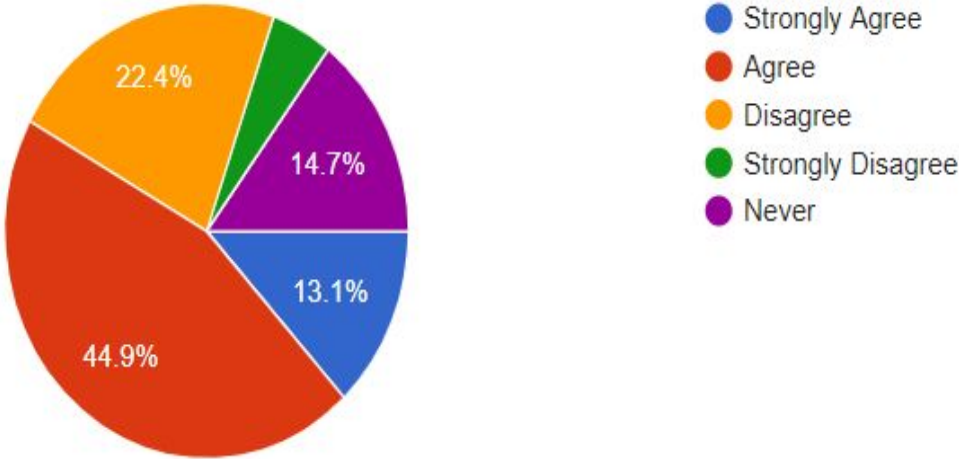
611 responses



Student Survey Results

My teachers are helping me with stress relief or anxiety reducing strategies.

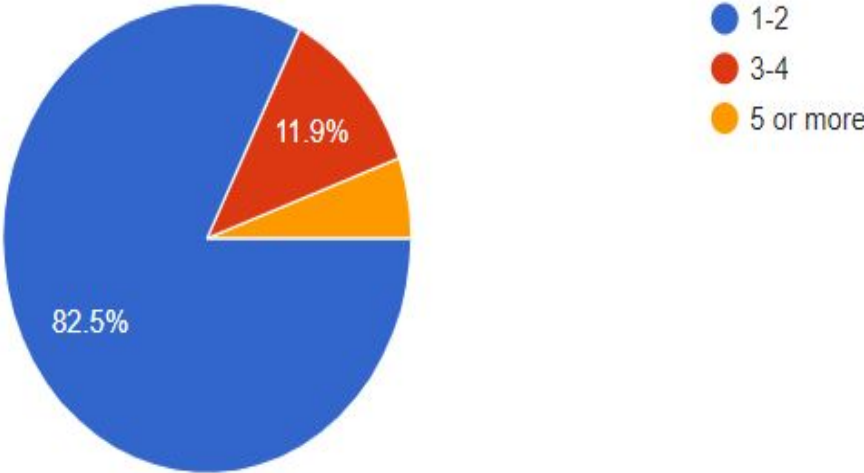
612 responses



Student Survey Results

How many times per week are your teachers offering mindful moments? (For example, a minute of breathing, a self-awareness exercise, or stress reducing meditation)

612 responses

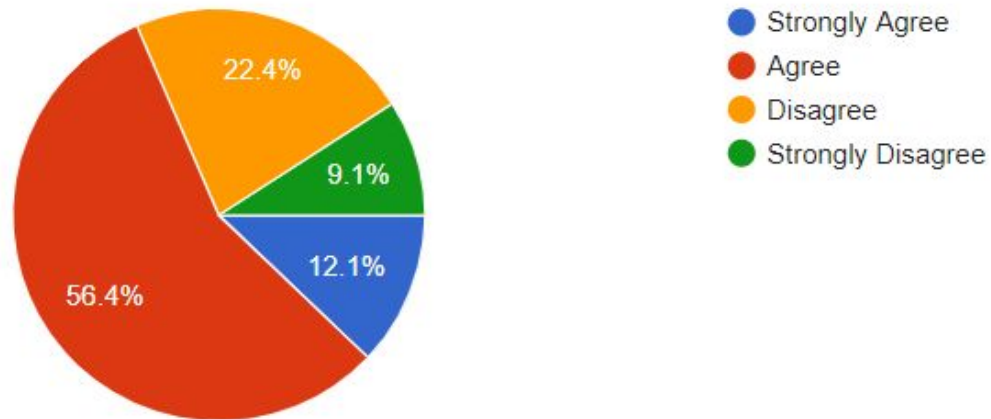


Staff Survey Results

Social/Emotional Health

I have adjusted well to the demands of this school year.

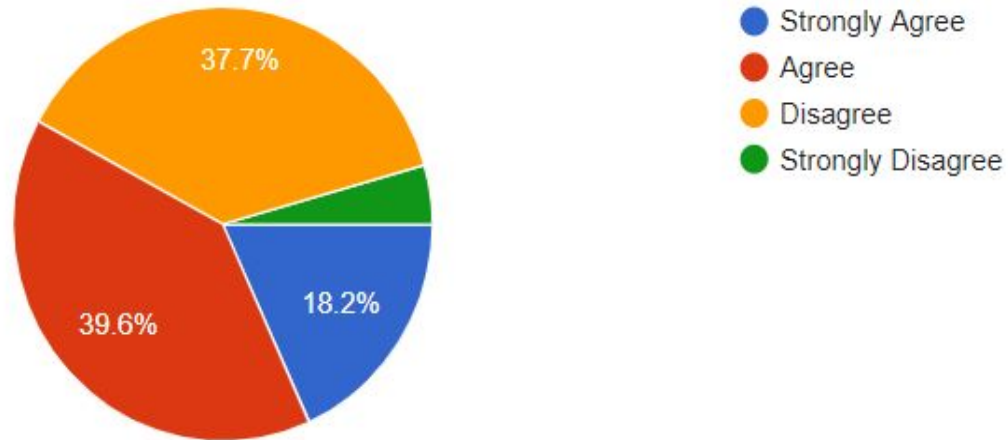
165 responses



Staff Survey Results

I need additional stress and anxiety reduction supports.

159 responses

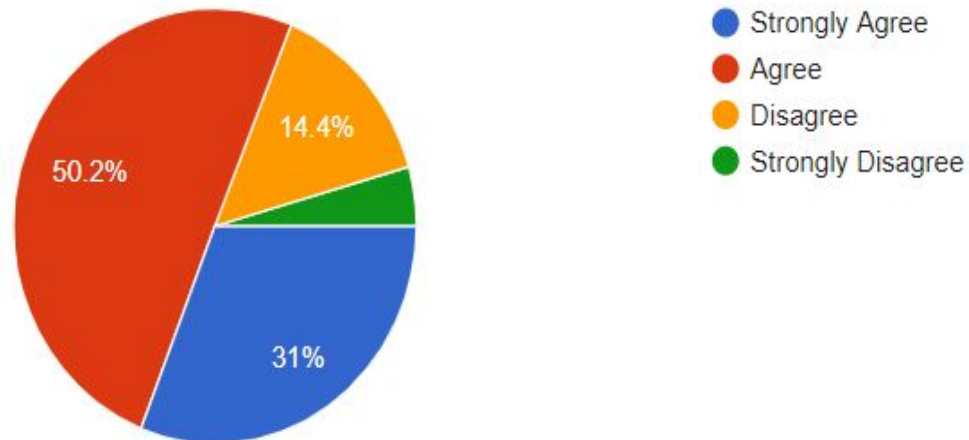


Parent Survey Results

Social/Emotional Health

My child has adjusted well to the demands of this school year.

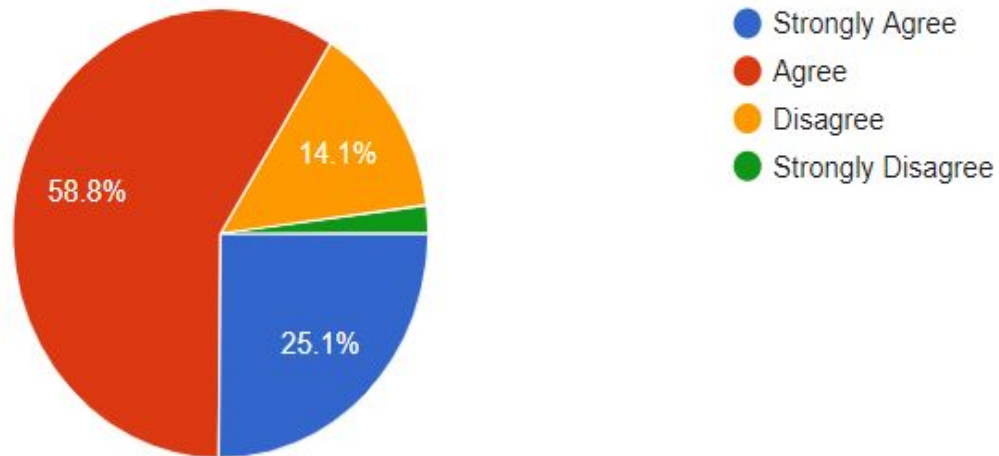
888 responses



Parent Survey Results

This school places a priority on helping students with their social, emotional, and behavioral concerns.

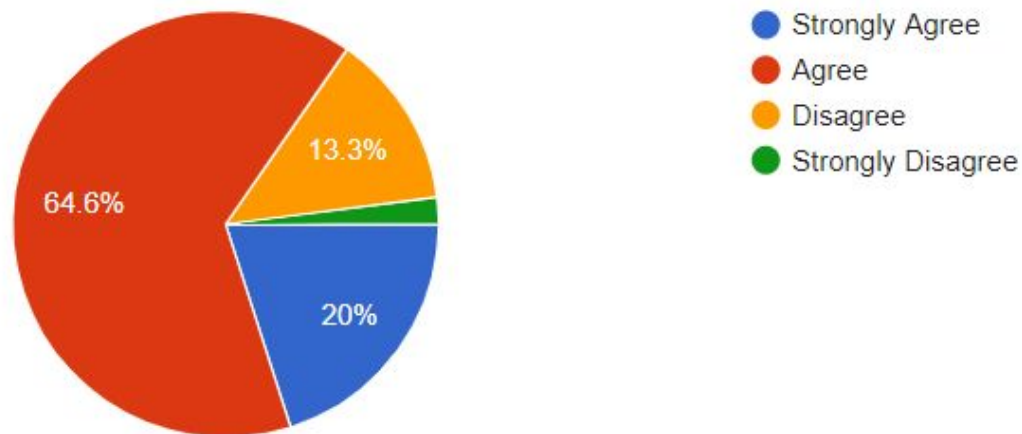
888 responses



Parent Survey Results

This school provides quality counseling or other services to help students with social or emotional needs.

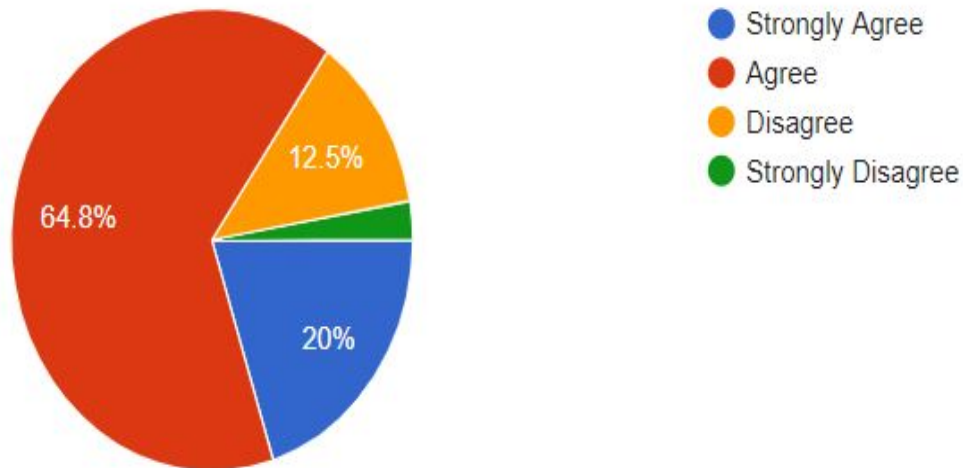
888 responses



Parent Survey Results

This school has provided sufficient mental health resources and information to my family.

888 responses



Actions Steps for 20-21

- Social and Emotional Well-Being Committee
- Addition of a .5 Social Worker
- Ongoing PD & Support around Mindfulness Strategies

Staff:

- Three Mental Health Webinars for Staff

Students and Families:

- Continue Tiered levels of supports for students
- Recanvass of students who may need assistance
- Renewed Partnership with DSS
 - Monthly meetings with DSS Prevention Caseworker at each building

