

OCTOBER 2021

Ichabod Crane Central School District

All meals will be served at NO charge for the School year.

Monday

Tuesday

Wednesday

Thursday

Friday

4
Chicken Nuggets
brown rice
glazed carrots
chilled or fresh fruit

5
Brunch for Lunch
mini pancakes
sausage link
syrup
chilled or fresh fruit

6
HALF DAY
Bagel w/ Cream cheese
fruit
juice
chilled or fresh fruit

7
Mozzarella Sticks
marinara sauce
Caesar salad
chilled or fresh fruit

1
Cheese Pizza
baby carrots
side of ranch dressing
chilled or fresh fruit

11
NO SCHOOL
Columbus Day

12
Chicken Patty
on a bun
tator tots
chilled or fresh fruit

13
Corn Dog
mac & cheese
green beans
chilled or fresh fruit

14
Chicken ranch wrap
3 bean salad
potato chips
chilled or fresh fruit

8
Headless Horseman Pizza
green beans
chilled or fresh fruit

15
Cheese Pizza
fresh baby carrots
Side of ranch dressing
chilled or fresh fruit

18
Popcorn chicken
brown rice
glazed carrots
chilled or fresh fruit

19
TACO TUESDAY
Seasoned Taco Meat
tortilla chips, refried beans
salsa, sour cream ,corn
chilled or fresh fruit

20
Cheeseburger on a Bun
smiley fries
chilled or fresh fruit

21
Meatball Sub
3 bean salad
potato chips
chilled or fresh fruit

22
French Bread Pizza
steamed broccoli
chilled or fresh fruit

25
Chicken Patty on a bun
tater tots
chilled or fresh fruit

26
Spiral pasta with
meat sauce, green beans
dinner roll
chilled or fresh fruit

27
Chicken queso pizza
refried beans
salsa sour cream
chilled or fresh fruit

28
Ham & Cheese Sandwich
tomato & cucumber salad
potato chips
chilled or fresh fruit

29
Cheese Pizza
baby carrots
side of ranch dressing
chilled or fresh fruit

All meals are served with a choice of assorted skim or 1% milk.
PB&J Sandwiches are served daily as an alternative meal.

Find our Menus at www.ichabodcrane.org

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

