



High School

DECEMBER 2022

Ichabod Crane Central School District

Lunch \$3.25
Milk \$.50

Monday

Tuesday

Wednesday

Thursday

Friday



5
Chicken Nuggets
brown rice
glazed carrots
chilled or fresh fruit

6
TACO TUESDAY
Seasoned Taco Meat
taco shells, refried beans
salsa, sour cream, corn
chilled or fresh fruit

7
Baked Ziti
Garlic bread
mixed veggies
chilled or fresh fruit

1
Chicken Queso Pizza
salsa/sour cream
guacamole corn
chilled or fresh fruit

2
Cheese Pizza
steamed broccoli
chilled or fresh fruit

8
Crispy Chicken wrap
lettuce, tomato
3 bean salad, chips
chilled or fresh fruit

9
Stuffed Crust Pizza
green beans
chilled or fresh fruit

12
Chicken Tenders w/dipping
sauces, smiley fries
green beans
chilled or fresh fruit

13
General Tso Chicken
fried rice
Egg roll broccoli
chilled or fresh fruit

14
Pizza Rolls
marinara sauce
tossed salad
chilled or fresh fruit

15
BBQ Pulled Pork on a roll
Or Fish Patty on a roll
cole slaw, baby carrots
chips
chilled or fresh fruit

16
French Bread Pizza
steamed broccoli
chilled or fresh fruit

19
Popcorn chicken
tator tots
glazed carrots
chilled or fresh fruit

20
Brunch for Lunch
French Toast sticks & Syrup
sausage links, hash brown
baby carrots
chilled or fresh fruit

21
Cheeseburger on a Bun
waffle fries
3 bean salad
chilled or fresh fruit

22
Mozzarella Sticks
marinara sauce
fresh baby carrots
chilled or fresh fruit

23
Cheese Pizza
fresh baby carrots
chilled or fresh fruit

26
NO SCHOOL
WINTER RECESS

27
NO SCHOOL
WINTER RECESS

28
NO SCHOOL
WINTER RECESS

29
NO SCHOOL
WINTER RECESS

30
NO SCHOOL
WINTER RECESS



All meals are served with a choice of assorted skim or 1% milk.
Add \$\$ to your students account at www.myschoolbucks.com

PB&J Sandwiches are served daily as an alternative meal.
Find our Menus at www.ichabodcrane.org

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER