



LUNCH

JANUARY 2023

Primary School

Ichabod Crane Central School District

K-5 \$2.75

Milk \$.50

Monday	Tuesday	Wednesday	Thursday	Friday
2	3 BBQ Grilled Chicken Breast on a bun tater tots chilled or fresh fruit	4 Baked chicken mashed potatoes green beans chilled or fresh fruit	5 Grilled Cheese Tomato soup mixed vegetables chilled or fresh fruit	6 Cheese Pizza steamed broccoli chilled or fresh fruit
9 Chicken Nuggets brown rice glazed carrots chilled or fresh fruit	10 TACO TUESDAY Seasoned Taco Meat tortilla chips, refried beans salsa, sour cream ,corn chilled or fresh fruit	11 Brunch for Lunch Waffles & Syrup sausage or egg patty baby carrots chilled or fresh fruit	12 Pasta & Meat sauce Green beans chilled or fresh fruit	13 Stuffed Crust Pizza Baby carrots chilled or fresh fruit
16 No School Martin Luther King Jr. Day	17 Chicken Patty on a bun tator tots chilled or fresh fruit	18 Macaroni and Cheese green beans chilled or fresh fruit	19 Cheeseburger on a Bun Smiley Fries chilled or fresh fruit	20 French Bread Pizza Steamed broccoli chilled or fresh fruit
23 Popcorn chicken brown rice glazed carrots chilled or fresh fruit	24 TACO TUESDAY Seasoned Taco Meat tortilla chips, refried beans salsa, sour cream ,corn chilled or fresh fruit	25 Brunch for Lunch Waffles & Syrup sausage or egg patty baby carrots chilled or fresh fruit	26 Mozzarella Sticks marinara sauce tossed salad chilled or fresh fruit	27 Cheese Pizza Baby carrots chilled or fresh fruit
30 Chicken Nuggets brown rice glazed carrots chilled or fresh fruit	31 Hot Dog french fries vegetarian beans chilled or fresh fruit			



PAY FOR MEALS ONLINE
MySchoolBucks.com

All meals are served with a choice of assorted skim or 1% milk.
Add \$\$ to your students account at www.myschoolbucks.com

PB&J Sandwiches are served daily as an alternative meal.
Find our Menus at www.ichabodcrane.org

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER