

## **Important resources from the National Association of School Psychologists**

Dear Rider Community,

I am writing to share important resources from the National Association of School Psychologists regarding teen suicide. The attached documents go into detail about risk factors, warning signs, what to do if you are concerned about a loved one, and provide recommended resources.

Our goal is to equip you with reliable resources so you can best support your child at home. We strongly encourage you to review the attached resources and reach out if you need additional support.

As a reminder, we will continue to have ongoing counseling centers running at each building. Thank you for your continued support and unity during this difficult time.

Sincerely,

A handwritten signature in cursive script that reads "Suzanne Guntlow". The signature is written in black ink on a white background.

Suzanne Guntlow  
Superintendent of Schools