



Primary School

SEPTEMBER 2023

Ichabod Crane Central School District

K-5 \$2.75

Milk \$.50

Monday

Tuesday

Wednesday

Thursday

Friday



Labor Day
No School

4

No School

5

Chicken Nuggets
brown rice
glazed carrots
chilled or fresh fruit

6

Mozzarella Sticks
marinara sauce
Fresh baby carrots
chilled or fresh fruit

7

No School

1

Cheese Pizza
Green Beans
chilled or fresh fruit

8

Chicken Patty
Tator Tots
Fresh baby carrots
chilled or fresh fruit

11

Brunch for Lunch
French Toast Sticks
Sausage or Egg patty
3 Bean salad
chilled or fresh fruit

12

Cheeseburger
on a bun
waffle fries
Fresh baby carrots
chilled or fresh fruit

13

Macaroni & Cheese
Soft Pretzel
Green Beans
chilled or fresh fruit

14

Cheese Pizza
Tossed Salad
chilled or fresh fruit

15

Chicken Tenders
Tator Tots
Green beans
chilled or fresh fruit

18

TACO TUESDAY
Seasoned Taco Meat
tortilla chips, refried beans
salsa, sour cream ,corn
chilled or fresh fruit

19

Grilled Cheese
Tomato Soup
Peas & Carrots
chilled or fresh fruit

20

Crispy Chicken Wrap
Fresh Baby Carrots
Potato Chips
chilled or fresh fruit

21

Headless Horseman Pizza
green beans
chilled or fresh fruit

22

Popcorn chicken
brown rice
glazed carrots
chilled or fresh fruit

25

Cheesy Bread Sticks
Marinara Sauce
Tossed Salad
chilled or fresh fruit

26

Deli Day
Ham or Turkey w/ Cheese
Potato Chips
3 Bean Salad
chilled or fresh fruit

27

Hot Dog
french fries
vegetarian beans
chilled or fresh fruit

28

Cheese Pizza
Green Beans
chilled or fresh fruit

29



PAY FOR MEALS ONLINE
MySchoolBucks.com

All meals are served with a choice of assorted skim or 1% milk.
Add \$\$ to your students account at www.myschoolbucks.com

PB&J Sandwiches are served daily as an alternative meal.
Find our Menus at www.ichabodcrane.org

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