

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Nuggets <b>2</b> brown rice glazed carrots chilled or fresh fruit	Chicken Queso Pizza <b>3</b> salsa/sour cream Refried beans, guacamole corn chilled or fresh fruit	Meatball Sub <b>4</b> Potato Chips Baby carrots chilled or fresh fruit	Crispy or Buffalo chicken <b>5</b> w/ Macaroni & Cheese Steamed broccoli Chilled or fresh fruit	French Bread Pizza <b>6</b> Steamed green beans chilled or fresh fruit
<b>Columbus Day</b> <b>9</b> <b>No School</b>	Chicken Tenders <b>10</b> smiley fries broccoli chilled or fresh fruit	Cheesy Bread Sticks <b>11</b> Marinara Sauce Tossed Salad chilled or fresh fruit	General Tso Chicken <b>12</b> fried rice egg roll broccoli chilled or fresh fruit	Cheese Pizza <b>13</b> fresh baby carrots chilled or fresh fruit
Chicken Patty <b>16</b> Tator Tots Fresh baby carrots chilled or fresh fruit	<b>TACO TUESDAY</b> <b>17</b> Seasoned Taco Meat tortilla chips, refried beans salsa, sour cream ,corn chilled or fresh fruit	<b>Deli Day</b> <b>18</b> Ham or Turkey w/ Cheese Potato Chips 3 Bean or mac salad chilled or fresh fruit	Crispy Chicken Wrap <b>19</b> Lettuce & tomato Potato Chips chilled or fresh fruit	Cheese Pizza <b>20</b> steamed broccoli chilled or fresh fruit
Popcorn Chicken <b>23</b> waffle fries broccoli chilled or fresh fruit	<b>Brunch for Lunch</b> <b>24</b> Waffles & Syrup Sausage links, hash brown 3 bean salad chilled or fresh fruit	Baked Chicken <b>25</b> mashed potatoes with gravy, steamed corn chilled or fresh fruit	Baked Ziti <b>26</b> Garlic bread Tossed Salad chilled or fresh fruit	Stuffed Crust Pizza <b>27</b> green beans chilled or fresh fruit
Chicken Nuggets <b>30</b> brown rice glazed carrots chilled or fresh fruit	Cheeseburger on a Bun <b>31</b> smiley fries chilled or fresh fruit			




All meals are served with a choice of assorted skim or 1% milk.  
 Add \$\$ to your students account at [www.myschoolbucks.com](http://www.myschoolbucks.com)

PB&J Sandwiches are served daily as an alternative meal.  
 Find our Menus at [www.ichabodcrane.org](http://www.ichabodcrane.org)