



OCTOBER 2023

Primary School

Ichabod Crane Central School District

K-5 \$2.75
Milk \$.50

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|--|--|
| <p>2</p> <p>Chicken Patty on a bun Tater Tots Chilled or Fresh Fruit</p> | <p>3</p> <p>BBQ Bone In Chicken Pasta salad with tomato and cucumber Chilled or Fresh Fruit</p> | <p>4</p> <p>Meatball Sub Green Beans Potato Chips Chilled or Fresh Fruit</p> | <p>5</p> <p>Mozzarella Sticks Marinara Sauce Tossed Salad Chilled or Fresh Fruit</p> | <p>6</p> <p>Stuffed Crust Pizza Steamed Broccoli Chilled or Fresh Fruit</p> |
| <p>9</p> <p>Columbus Day No School</p> | <p>10</p> <p>BRUNCH FOR LUNCH French Toast Sticks Sausage or Egg Patty Baby Carrots Orange Juice</p> | <p>11</p> <p>Ham and Cheese Sandwich Chicken Noodle Soup Mixed Vegetables Chilled or Fresh Fruit</p> | <p>12</p> <p>Macaroni and Cheese Soft Pretzel Green Beans Chilled or Fresh Fruit</p> | <p>13</p> <p>Cheese Pizza Tossed Salad Chilled or Fresh Fruit</p> |
| <p>16</p> <p>Chicken Nuggets Ms Jen's Brown Rice Glazed Carrots Chilled or Fresh Fruit</p> | <p>17</p> <p>Cheeseburger Smile Fries Baby Carrots Chilled or Fresh Fruit</p> | <p>18</p> <p>Pasta and Meat sauce Dinner Roll Green Beans Chilled or Fresh Fruit</p> | <p>19</p> <p>Hot Dog French Fries Vegetarian beans Chilled or Fresh Fruit</p> | <p>20</p> <p>French Bread Pizza Green Beans Chilled or Fresh Fruit</p> |
| <p>23</p> <p>Popcorn Chicken Tater Tots Chilled or Fresh Fruit</p> | <p>24</p> <p>BRUNCH FOR LUNCH French Toast Sticks Sausage or Egg Patty Baby Carrots Orange Juice</p> | <p>25</p> <p>Baked Bone In Chicken Mashed Potatoes Mixed Vegetables Chilled or Fresh Fruit</p> | <p>26</p> <p>Lasagna with Meat Sauce Tossed Salad Chilled or Fresh Fruit</p> | <p>27</p> <p>Headless Horseman Pizza Steamed Broccoli Chilled or Fresh Fruit</p> |
| <p>30</p> <p>Chicken Patty Smile fries Baby Carrots Chilled or Fresh Fruit</p> | <p>31</p> <p>TACO TUESDAY Seasoned Taco Meat Tortilla chips, Refried beans corn, salsa, sour cream Chilled or Fresh Fruit</p> | | | |



MY SCHOOL BUCKS PAY FOR MEALS ONLINE
MySchoolBucks.com

All meals are served with a choice of assorted skim or 1% milk.
Add \$\$ to your students account at www.myschoolbucks.com

PB&J Sandwiches are served daily as an alternative meal.
Find our Menus at www.ichabodcrane.org