

Middle School

Ichabod Crane Central School District

Monday

Tuesday

Wednesday

Thursday

Friday



1
NEW YEARS DAY
NO SCHOOL

2
Brunch for Lunch
Pancakes
Sausage or Egg patty
3 Bean salad
chilled or fresh fruit

3
Pizza Crunchers
Green beans
chilled or fresh fruit

6
General Tso Chicken
Brown Rice
Steamed Broccoli
chilled or fresh fruit

7
Mozz sticks/Pizza Rolls
Marinara Sauce
Tossed Salad
chilled or fresh fruit

8
Chipotle Bowl
Seasoned Chicken/Rice
Black Beans & Corn
chilled or fresh fruit

9
Cheeseburger
Waffle Fries
Baby Carrots
chilled or fresh fruit

10
Cheese Pizza
Carrots
chilled or fresh fruit

13
Chicken Patty
Tator Tots
Glazed carrots
chilled or fresh fruit

14
Taco Tuesday
Seasoned Taco Meat
tortilla chips, refried beans
salsa, sour cream ,corn
chilled or fresh fruit

15
Deli Day
Ham or Turkey w/ Cheese
Potato Chips
3 Bean Salad
chilled or fresh fruit

16
Corndog
Smiley Fries
Peas and Carrots
chilled or fresh fruit

17
Cheese Pizza
Tossed Salad
chilled or fresh fruit

20
MARTIN LUTHER KING JR. DAY
NO SCHOOL

21
Chicken Tenders
Tator Tots
Carrots/Celery
chilled or fresh fruit

22
Toasted Cheese Croissant
Tomato Soup
Green Beans
chilled or fresh fruit

23
Hot Dog
Macaroni & Cheese
Vegetarian Beans
chilled or fresh fruit

24
French Bread Pizza
Tossed salad
chilled or fresh fruit

27
Roasted Chicken
Mashed Potato
Corn, gravy
chilled or fresh fruit

28
Brunch for Lunch
Waffle, Hashbrown
Sausage or Egg patty
3 Bean salad
chilled or fresh fruit

29
LUNAR NEW YEAR
NO SCHOOL

30
Crispy Chicken Wrap
Fresh baby carrots
Potato Chips
chilled or fresh fruit

31
Cheese Pizza
Tossed Salad
chilled or fresh fruit

All meals are served with a choice of assorted skim or 1% milk.
Add \$\$ to your students account at www.myschoolbucks.com

MY SCHOOL BUCKS PAY FOR MEALS ONLINE
[MySchoolBucks.com](http://www.MyschoolBucks.com)

PB&J Sandwiches are served daily as an alternative meal.
Find our Menus at www.ichabodcrane.org

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